



# Raising Your Challenging Child: *A Parent Training Program*

with  
Dan Shapiro, M.D.  
Developmental and Behavioral Pediatrician

THIS 10-SESSION PROGRAM IS FOR PARENTS OF CHILDREN (AGES PRESCHOOL THROUGH ELEMENTARY SCHOOL) WITH CHALLENGING BEHAVIORS.

The interactive format is designed to help parents identify the source of their child's behavior and learn what they can do about it.



At each session, Dr. Shapiro will provide proactive strategies for raising children with difficult temperaments and developmental differences. His hour-long presentation will be followed by 30 minutes of informal parent discussion.

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*Dr. Shapiro is Board-certified. He is a Fellow of the American Academy of Pediatrics and a Member of the Society for Behavioral and Developmental Pediatrics. He practices Developmental and Behavioral Pediatrics in Rockville, Maryland.*

## Session Topics

- Know Your Child
- Time-in
- Engagement and Understanding
- Motivation through Positive Attention for Compliance
- Time-out and Ignoring
- Empathy
- Learning from Experience
- Motivation through Rewards
- Problem Solving
- Ability, Accommodations and Interventions

**10 consecutive Wednesdays  
Beginning October 6, 2010**  
(except November 24)  
**7 - 8:30 pm**

**To register or for more information**  
please contact: [admin@HirschPediatrics.com](mailto:admin@HirschPediatrics.com)  
or 301-990-3030

Registration is limited to up to 10 families  
and is open to families of  
any pediatric practice.

**Location:**  
**Office of Hirsch Pediatrics**  
**15235 Shady Grove Road, Suite 105**  
**Rockville, MD 20850**

**\$600 per family**  
(potentially insurance reimbursable)